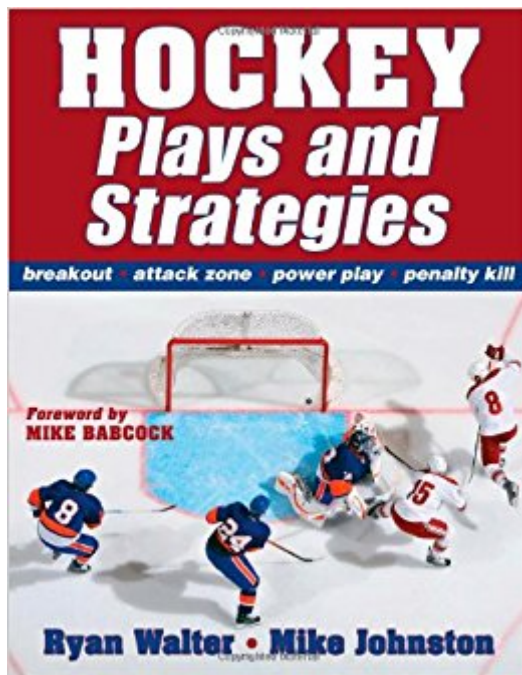




Ebook Directory
the best source of ebook

The book was found

Hockey Plays And Strategies



Synopsis

Carve out a spot on your bench, and in your library, for hockey's most comprehensive playbook. *Hockey Plays and Strategies* presents all of the popular offensive, defensive, and special teams systems used in today's game, as well as tactical advice on making in-game adjustments and player match-ups at every level of play. Veteran coaches Ryan Walter and Mike Johnston share more than 160 plays, systems, and strategies to control the ice and light up the net. In this one-of-a-kind guide, you'll learn these skills:

- Puck movement within the neutral zone to set up for attack zone entry and scoring chances on the rush
- Capitalizing on all odd-man rush scoring chances and shutting down the opposition's opportunities
- Executing lock-down defensive play in all zones to eliminate good scoring chances and shots on goal
- More than 25 power play systems for both the one-man and two-man advantage to keep the defense off balance and produce more scoring chances
- Penalty kill strategies that will stymie any attack and routinely clear the zone
- Controlling the puck and breaking up the opposition's play with aggressive forechecking and backchecking strategies
- Controlling the game with top-notch game management tips on line pairings and changes, key momentum changers, and many more in-game adjustments to keep your opponents on their heels throughout the game

Whether you're an experienced coach or taking the coaching reins for the first time, *Hockey Plays and Strategies* will guide smart, consistent, and winning play.

Book Information

Paperback: 232 pages

Publisher: Human Kinetics; 1 Original edition (December 18, 2009)

Language: English

ISBN-10: 0736076344

ISBN-13: 978-0736076340

Product Dimensions: 0.5 x 8.2 x 10.5 inches

Shipping Weight: 1.4 pounds (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 36 customer reviews

Best Sellers Rank: #342,292 in Books (See Top 100 in Books) #11 in *Books > Sports & Outdoors > Coaching > Hockey* #87 in *Books > Sports & Outdoors > Hockey* #204 in *Books > Sports & Outdoors > Winter Sports*

Customer Reviews

"In *Hockey Plays and Strategies*, Ryan Walter and Mike Johnston combine their coaching expertise

to offer a comprehensive guidebook for today's fast-paced game. Their proven strategies are ideal for every player and coach."George GwozdeckyHead Men's Hockey Coach, University of Denver

“In Hockey Plays and Strategies, Walter and Johnston cover every aspect of successful team play. This complete guide gives you the systems and strategies for an advantage at both ends of the ice.”

Pat QuinnHead Coach, Toronto Maple Leafs, 1998-2006

Ryan Walter and Mike Johnston are a dynamic writing team who draw from years of playing, coaching, and leadership experience. In Hockey Plays and Strategies, they simplify the complexities of the game to assist coaches in building winning game plans." Paul Carson Director of Development, Hockey Canada

Ryan Walter is an assistant coach with the Vancouver Canucks of the National Hockey League. He played more than 1,000 games over 15 seasons with the Washington Capitals, Montreal Canadiens, and Vancouver Canucks. He served as vice president of the National Hockey League Players Association, was honored as the NHL Man of the Year in 1992, and played in the NHL all-star game in 1993. Walter has also served as captain of team Canada in the World Junior tournament and played for team Canada in four World Championships. He has worked as a consultant for several NHL teams and a television analyst for NHL broadcasts. Walter lives in British Columbia, Canada.

Mike Johnston is the head coach of the Portland Winter Hawks of the Western Hockey League. Johnston guided Canada to two World Junior Championships as an assistant coach and won three Spengler Cup gold medals as coach of the Canada Selects. He served in various capacities, including head coach and general manager, with Canada's gold medal-winning national team from 1994 to 1999. In five of the six seasons he coached the Vancouver Canucks, they finished with over 90 points, and on two occasions they surpassed the 100-point mark. In 2004, the Canucks won the Northwest Division Championship. In May 2007, Johnston again was selected to coach in the World Championships, and for the first time in 73 years Canada went undefeated (9-0) in winning gold. Johnston lives in Portland, Oregon.

After the 2013-2014 season, Mike Johnston was named head coach of the Pittsburgh Penguins. For the six preceding seasons Johnston was the head coach of the Portland Winter Hawks of the Western Hockey League. He was assistant/associate coach of the Vancouver Canucks from 1999-2006 and associate coach of the Los Angeles Kings from 2006-08.

Johnston guided Canada to two World Junior Championships as an assistant coach and won three Spengler Cup gold medals as coach of the Canada Selects. He served in various capacities, including head coach and general manager, with Canada's gold medal-winning national team from 1994 to 1999.

In five

of the six seasons he coached the Vancouver Canucks, they finished with over 90 points, and on two occasions they surpassed the 100-point mark. In 2004, the Canucks won the Northwest Division Championship. In May 2007, Johnston again was selected to coach in the World Championships, and for the first time in 73 years Canada went undefeated (9-0) in winning gold. Johnston lives in Portland, Oregon.

This book is so awesome. I wish I had this book when I played in high school. My coaches were really good and taught us most of this, but it wasn't quite in order like this. I bought the Kindle edition, which had flaws in that the diagram description for the previous figure show with the diagram after it due to formatting issues. I still liked it, but it took work to remember what goes with what. I bought the paper version now too so I can see the diagrams with the description at the same time.

I picked this book up as someone who is just getting into adult recreational league hockey. Having been a fan of the NHL for the past 20 years, most of the terminology was familiar to me, but the book should be quite approachable for anyone. Even if you have no plans in coaching, I think you can benefit from the concepts and ideas which will provide you with a general overview of how hockey players are distributed and their offensive/defensive roles. In my experience, drop-in and novice league play aren't the most organized, but you can make your game more efficient by knowing general strategies in different situations.

I've been having my Pee Wee hockey playing son read a chapter every week before his game and saw an immediate improvement after one chapter. He's a defenseman and his current coach doesn't spend enough time teaching tactics and strategy. He now teaching his teammates the techniques he's picked up from the book. The book has a nice combination of text and diagrams, so even if their comprehension or attention span is limited, the pictures reinforce and simplify the verbiage.

This book is amazing! We have been using it with our two youth hockey players over the past couple of weeks as part of their day-off ice training. Both players are starting to recognize developing plays and situations on the ice, and are reacting better. Albeit, this book will not make them the next Crosby, it is helping them to learn various plays when in the offensive and defensive zones. This is helping them get "hockey smart", and by being able to read the developing plays,

they are making better choices on the ice! I will be eager to see what their individual "playing levels" look like in a month or two, and compare the differences. A well written book, plenty of play diagrams, and explanations are easy to understand. A great off-ice training guide, to get hockey players to "think" about the game.

Very happy

I play adult hockey, but played as a kid so had an idea about the basics. However, if you want to get a better grasp of the game even if its just to understand whats happening in the NHL on tv then buy this book. My game has improved and am having more fun than ever.

I have to agree with the other 2 reviewers. I have read practically every hockey coaching/drill book and watched nearly every video out there, and this one is in a class all by itself. This book has plenty of diagrams, but also the detailed explanation that is lacking in drill books. Other books tell you how to run the drill. This book does that too, but also focuses on the subtler teaching points. This book explains what you are trying to do (e.g. having the second forward drive in hard splitting the defenders and isolating one to create a 2-on-1) and why it works. I wish I would have had this book 10 years ago.

I bought this for my son in law who is a high school hockey coach and has coached hockey for 15 years in various minor leagues. This book was a hit. Little did I know that he has had this same book and has worn out the pages but underlining notes over the years. It was his so called coaching bible. He could not believe that I picked the same book that he had been using and was very happy to get a new one to replace the one he had been worn out and was still using.

[Download to continue reading...](#)

Hockey Workout: Complete Off-Season Hockey Workout: Hockey agility & speed drills, hockey plyometric workouts, hockey core exercises, hockey weight training and anaerobic training for hockey players. Hockey: Hockey Made Easy: Beginner and Expert Strategies for Becoming a Better Hockey Player Spalding's Athletic Library - The Games of Lawn Hockey, Tether Ball, Golf-Croquet, Hand Tennis, Volley Ball, Hand Polo, Wicket Polo, Laws of Badminton, Drawing Room Hockey, Garden Hockey Hockey Plays and Strategies Youth Volleyball Drills, Plays, and Games Handbook Free Flow Version (Drills and Plays 7) The Mammary Plays: Two Plays Hard Plays Stiff Parts: The Homoerotic Plays of Robert Chesley The Vermont Plays: Four Plays Ten-Minute Plays for Middle

School Performers: Plays for a Variety of Cast Sizes Three Renaissance Travel Plays (Revels Plays Companion Library MUP) Best Monologues from The Best American Short Plays, Volume Three (Best Monologues from the Best American Short Plays) Day And Night The Only Two Times I Think About Hockey Practice: Hockey Books For Kids, Journal & Personal Stats Tracker, 100 Games, 7 x 10 Hockey Confidence: Train Your Brain to Win in Hockey and in Life Hockey Journal: Boys Hockey Toys, Personal Stats Tracker , 100 Games, 7 x 10 Hockey Journal: Hockey Books For Boys 9 12, Personal Stats Tracker , 100 Games, 7 x 10 Side-by-Side Hockey Stars: Comparing Pro Hockey's Greatest Players (Side-by-Side Sports) Hockey Journal: Hockey Book For Kids, Personal Stats Tracker , 100 Games, 7 x 10 Hockey Journal: Book Children Hockey, Personal Stats Tracker , 100 Games, 7 x 10 Beckett Hockey Price Guide #27 (Beckett Hockey Card Price Guide) Beckett Hockey Price Guide #26 (Beckett Hockey Card Price Guide)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)